



	GRASSROOTS 4-5-6	GRASSROOTS BOYS/GIRLS 7-8	BOYS/GIRLS 9-10	BOYS/GIRLS 11-12	BOYS/GIRLS 13-14-15	BOYS/GIRLS 16+
# PLAYERS (MAX)	5 v 5 (NO GOALIE)	5 v 5	7 v 7	9 v 9	11 v 11	11 v 11
# PLAYERS (MIN)	N/A	3	5	6	7	7
GAME LENGTH	2 x 10 MIN.	4 x 10 MIN.	4 x 15 MIN.	4 x 17 MIN.	2 x 40 MIN.	2 x 45 MIN.
PRACTICE LENGTH	30 MIN. PRIOR	45-70 MIN.	45-70 MIN.	45-70 MIN.	60-75 MIN.	60-75 MIN.
BALL SIZE	3	3	4	4	5	5
FIELD SIZE	20 x 30 YRDS.	31 x 38 YRDS.	40 x 60 YRDS.	55 x 80 YRDS.	FULL SIZE	FULL SIZE
GOAL SIZE	4' x 6'	5' x 10'	6' x 16'	6.5' x 18'	8' x 24'	8' x 24'
REFEREE	COACH	CLUB	CLUB	CLUB	CLUB	CLUB
A.R.'s	NO	NO	NO	NO	<b>YES</b>	<b>YES</b>
OFFSIDES	NO	NO	NO	<b>YES</b>	<b>YES</b>	<b>YES</b>
SUBSTITUTIONS	UNLIMITED**	UNLIMITED**	UNLIMITED	UNLIMITED	UNLIMITED	UNLIMITED
KICK-INS	<b>YES</b>	<b>YES</b>	<b>YES</b>	NO	NO	NO
THROW-INS	NO	NO	NO	YES (allow ONE re-do)	YES	YES
GOAL KICKS	N/A	YES	YES	YES	YES	YES
RETREAT LINE	N/A	HALFWAY LINE	1/3 LINE	1/3 LINE	N/A	N/A
CORNER KICKS	N/A	NO	<b>YES</b>	<b>YES</b>	<b>YES</b>	<b>YES</b>
FREE KICKS	<b>ALL INDIRECT</b>	<b>ALL INDIRECT</b>	<b>ALL INDIRECT</b>	DIRECT/INDIRECT	DIRECT/INDIRECT	DIRECT/INDIRECT
PENALTY KICK	N/A	8 YRDS.	8 YRDS.	10 YRDS.	12 YRDS.	12 YRDS.

**NO SCORE OR STANDING KEPT IN THESE AGE GROUPS (DO REPORT THE GOAL SCORERS !!)**

\*\* Substitutions in Grassroots 4 thru 8 may be done on the fly.  
No need to wait for stoppage in play.

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