

Weekly Grassroots Circuit Schedule_u8 Boys_2018

		08-May COACHES ONLY	15-May	22-May	29-May	05-Jun	12-Jun	19-Jun
North Section	Station #1	White	Sky	Red	Forest	Maroon	Orange	White
	Station #2	Sky	Red	Forest	Maroon	Orange	White	Sky
	Station #3	Red	Forest	Maroon	Orange	White	Sky	Red
	Station #4	Forest	Maroon	Orange	White	Sky	Red	Forest
	Station #5	Maroon	Orange	White	Sky	Red	Forest	Maroon
	Station #6	Orange	White	Sky	Red	Forest	Maroon	Orange
South Section	Station #1	Silver	Lime	Emerald	Gold	Royal	Navy	Silver
	Station #2	Lime	Emerald	Gold	Royal	Navy	Silver	Lime
	Station #3	Emerald	Gold	Royal	Navy	Silver	Lime	Emerald
	Station #4	Gold	Royal	Navy	Silver	Lime	Emerald	Gold
	Station #5	Royal	Navy	Silver	Lime	Emerald	Gold	Royal
	Station #6	Navy	Silver	Lime	Emerald	Gold	Royal	Navy

North Section	Station #1 Activity	WK 1 STNA	WK 2 STNA	WK 3 STNA	WK 4 STNA	WK 10 STNA	WK 11 STNA	OPEN
	Station #2 Activity	WK 1 STNB	WK 2 STNB	WK 3 STNB	WK 4 STNB	WK 10 STNB	WK 11 STNB	OPEN
	Station #3 Game	WK 1 STND	WK 2 STND	WK 3 STND	WK 4 STND	WK 10 STND	WK 11 STND	OPEN
	Station #4 Activity	DISCUSSION	DISCUSSION	DISCUSSION	DISCUSSION	DISCUSSION	DISCUSSION	OPEN
	Station #5 Activity	WK 1 STNC	WK 2STNC	WK 3 STNC	WK 4 STNC	WK 10 STNC	WK 11 STNC	OPEN
	Station #6 Game	WK 1 STND	WK 2STND	WK 3 STND	WK 4 STND	WK 10 STND	WK 11 STND	OPEN
South Section	Station #1 Activity	WK 1 STNA	WK 2 STNA	WK 3 STNA	WK 4 STNA	WK 10 STNA	WK 11 STNA	OPEN
	Station #2 Activity	WK 1 STNB	WK 2 STNB	WK 3 STNB	WK 4 STNB	WK 10 STNB	WK 11 STNB	OPEN
	Station #3 Game	WK 1 STND	WK 2 STND	WK 3 STND	WK 4 STND	WK 10 STND	WK 11 STND	OPEN
	Station #4 Activity	DISCUSSION	DISCUSSION	DISCUSSION	DISCUSSION	DISCUSSION	DISCUSSION	OPEN
	Station #5 Activity	WK 1 STNC	WK 2STNC	WK 3 STNC	WK 4 STNC	WK 10 STNC	WK 11 STNC	OPEN
	Station #6 Game	WK 1 STND	WK 2STND	WK 3 STND	WK 4 STND	WK 10 STND	WK 11 STND	OPEN

Link to OS Grassroots Sessions for weekly training (click FUNdamentals tab):
<https://www.ontariosoccer.net/grassroots-practices>



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		26-Jun	03-Jul	17-Jul	24-Jul	31-Jul	07-Aug
North Section	Station #1	Navy	White	Lime	Red	Gold	Maroon
	Station #2	White	Lime	Red	Gold	Maroon	Navy
	Station #3	Lime	Red	Gold	Maroon	Navy	White
	Station #4	Red	Gold	Maroon	Navy	White	Lime
	Station #5	Gold	Maroon	Navy	White	Lime	Red
	Station #6	Maroon	Navy	White	Lime	Red	Gold
South Section	Station #1	Orange	Silver	Sky	Emerald	Forest	Royal
	Station #2	Silver	Sky	Emerald	Forest	Royal	Orange
	Station #3	Sky	Emerald	Forest	Royal	Orange	Silver
	Station #4	Emerald	Forest	Royal	Orange	Silver	Sky
	Station #5	Forest	Royal	Orange	Silver	Sky	Emerald
	Station #6	Royal	Orange	Silver	Sky	Emerald	Forest

North Section	Station #1 Activity	WK 20 STNA	WK 21 STNA	OPEN	WK 30 STNA	WK 34 STNA	WK 35 STNA
	Station #2 Activity	WK 20 STNB	WK 21 STNB	OPEN	WK 30 STNB	WK 34 STNB	WK 35 STNB
	Station #3 Game	WK 20 STND	WK 21 STND	OPEN	WK 30 STND	WK 34 STND	WK 35 STND
	Station #4 Activity	DISCUSSION	DISCUSSION	OPEN	DISCUSSION	DISCUSSION	DISCUSSION
	Station #5 Activity	WK 20 STNC	WK 21 STNC	OPEN	WK 30 STNC	WK 34 STNC	WK 35 STNC
	Station #6 Game	WK 20 STNB	WK 21 STNB	OPEN	WK 30 STNB	WK 34 STNB	WK 35 STNB
South Section	Station #1 Activity	WK 20 STNA	WK 21 STNA	OPEN	WK 30 STNA	WK 34 STNA	WK 35 STNA
	Station #2 Activity	WK 20 STNB	WK 21 STNB	OPEN	WK 30 STNB	WK 34 STNB	WK 35 STNB
	Station #3 Game	WK 20 STND	WK 21 STND	OPEN	WK 30 STND	WK 34 STND	WK 35 STND
	Station #4 Activity	DISCUSSION	DISCUSSION	OPEN	DISCUSSION	DISCUSSION	DISCUSSION
	Station #5 Activity	WK 20 STNC	WK 21 STNC	OPEN	WK 30 STNC	WK 34 STNC	WK 35 STNC
	Station #6 Game	WK 20 STNB	WK 21 STNB	OPEN	WK 30 STNB	WK 34 STNB	WK 35 STNB

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